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# UEMS - EBS - Section of Surgery Division of Breast Surgery

## Message from the President



Dear Colleagues

On behalf of the **Division of Breast Surgery** of UEMS I welcome you to our winter Newsletter.

Our Division, part of the Section of Surgery of the UEMS, is constantly working towards promoting the highest standard of care in Breast Surgery in Europe.

Training and education of Breast Specialists is critical to the quality of breast care provided and DBS is continuously updating the curriculum and syllabus of training in breast surgery. Evaluation and accreditation of Breast Surgeons through the UEMS Qualification (EBSQ) exams in breast surgery is getting more popular every year and, although still on a voluntary basis, we are all working for a pan-European recognition.

Additionally, starting this year, DBS will help trainees in breast surgery to get familiar with the exams by organizing high quality educational events (see page 6) in different countries across Europe.

In our present newsletter, you can find an interview of Mr Tibor Kovacs, Chair of the European Society of Surgical Oncology - ESSO (which is along with EUSOMA the two supporting scientific societies of the exam), presenting ESSO's activities and the vision of the BRESO project. You can also find the results of the EBSQ examinations in Breast Surgery of 2019, as well as the dates and venues of the exams for 2020.

Once again, I would like to express my deep gratitude and sincere thanks to all our colleagues who, despite their heavy program and other obligations, volunteered to act as examiners during the Part B - oral exam in Bucharest.

I take the opportunity to wish you and your families Merry Christmas and a Happy New Year.

Kindest regards,

**Christos Markopoulos, MD, PhD, FEBS**  
Professor of Surgery - Medical School  
National Kapodistrian University of Athens, Greece  
Head of the Exam Board

## Secretary's Report: The European Breast Exam



The European Breast examination has once again had a successful year. In 2019 we expanded the number of centers for the on line MCQ exam to 17 to facilitate easy access for candidates across the globe. The feedback from local hosts was excellent due to the high quality, professional exam software

developed by our collaborator, ORZONE in Sweden.

This year we had 63 new applications for the exam. The oral exam was in Bucharest. The local hosts made us all feel very welcome in this beautiful city. We had 55 candidates.

Interest in the exam is growing steadily and it is recognised as a marker of expertise in the discipline. We have joined forces with a group of Breast Associations to try and drive up the standard of breast surgery training across Europe, which links to the exam.

The initiative is called BRESO, European Breast Surgical Oncology, and we hope that over the next decade breast surgery will gain increasing recognition as a speciality in its own right with specific training pathways and quality standards.

We hope that you will join us for the next exam in Athens in 2020.

Kind regards

**Lynda Wyld, PhD, FRCS, FEBS**  
Professor of Surgical Oncology  
University of Sheffield - UK  
Secretary of the Exam Board

## INTERVIEW



Mr **Tibor Kovacs**, PhD, FRCS, FEBS  
 Honorary Senior Lecturer King's College London  
 London, UK  
 Chair of the *European Society of Surgical Oncology*



Dear Mr Kovacs  
 could you please tell us what is the **ESSO** society

The European Society of Surgical Oncology, ESSO, was established in 1981 to support its members in advancing the science and practice of surgical oncology for the benefit of cancer patients. The Society aims to achieve this through a range of activities related to education, research and leadership in multidisciplinary care.

ESSO's vision is to represent the most established cancer treatment. To this end, ESSO will develop standards of care for cancer patients through its core values, as well as its activities in the field of education, homogenisation of skills, quality healthcare and ultimately qualification.

Could you please tell us a few more words about **ESSO's activities**

ESSO performs a range of activities:

- Organising the biggest congress in surgical oncology in Europe
- Unifying the surgical oncology community in a network of over 20,000 members
- Providing education and training to both young and experienced surgeons through courses
- Publishing a monthly scientific Journal (EJSO-the Journal of Cancer Surgery)
- Partnering in projects and courses with other discipline and organ-based societies within ECCO - the European Cancer Congress Organisation
- Contributing to the development of the surgical oncology program of the Eur Cancer Congress
- Providing an attractive fellowship program facilitating exchange of knowledge and continuing medical education
- Offering specific opportunities for young cancer surgeons and cancer surgeons from developing countries to attend the ESSO Congress
- Organising yearly, in co-operation with the European Board of Surgery, an examination in surgical oncology and in breast cancer surgery
- Informing on educational and scientific opportunities via its newsletter and website

- Supporting quality assurance projects towards the improvement of cancer care for all patients in Europe

*ESSO has recently established the BRESO project; could you please tell us a few words about BRESO ?*



BRESO is the Breast Surgical Oncology Project initiated by ESSO and founded together as a joint platform between several key European organizations working on education, training and certification in breast cancer surgery.



**ESSO's Core Values**

### BRESO Founding members

**ESSO**, European Society of Surgical Oncology; **EUSOMA**, European Society of Breast Cancer Specialists; **UEMS – EBS – DBS**, Division of Breast Surgery; **ESO**, European School of Oncology; **EUROPADONNA**, The European Breast Cancer Coalition; **CEEBC**, Central Eastern European Breast Cancer Consortium; **EUBREAST**, European Breast Cancer Research Association of Surgical Trialists; **ECIBC**, European Commission Initiative on Breast Cancer

## Results of the UEMS - EBSQ in Breast Surgery Exam 2019



### Best Scored Candidates

**1<sup>st</sup> Kavitha Kanesalingam (AU)**

**2<sup>nd</sup> Emanuele Garreffa (UK)**

**3<sup>rd</sup> Ishita Laroia (IN)**



The best scored candidate Mrs **Kavitha Kanesalingam** receiving her EBSQ diploma and the "Gold Award" from the President of the UEMS-EBS-Division of Breast Surgery Prof. Markopoulos.



The best scored candidates (from the left): Mrs **Ishita Laroia**, Mr **Emanuele Garreffa** and Mrs **Kavitha Kanesalingam**



Successful candidates of the EBSQ in breast surgery exam - 2019  
Bucharest - Romania



### Examiners of the oral EBSQ exam 2019

(From the left) Standing examiners: Alexandru Blidaru (RO), Mohamed Shinaui (EG) Petros Charalampoudis (UK), Andreas Karakatsanis (SE), Stephan Voiculescu (RO), Kerstin Sandelein (SE), Janez Zgajnar (SL), Ricardo Audissio (SE), Omar Youssef (EG), Yazan Masannat (UK), Zoltan Matrai (HU), Isabel Rubio (ES), Ash Kothari (UK), Agnieszka Kolacinska (PL), Anna-Karin Falck (NL), Rosina Ahmed (IN);  
Sitting: Lynda Wyld (UK), Christos Markopoulos (GR), Fiona McNeil (UK).



## Successful candidates of the EBSQ in Breast Surgery Exam 2019

Adrian John	McKenna	Irene	Athanasίου
Akshita	Singh	Ishita	Laroiya
Alexandra	Caziuc	Jelena	Maksimenco
Alia	Hameed Kayani	Jenny	Heiman Ullmark
Anuradha Prabhakar	Apte	Jose Manuel	Alarte Garvi
Arda	Isik	Kavitha	Kanesalingam
Arifa	Manzoor	Kian	Chin
Burcu Celet	Ozden	Laura	Arthur
Christine	Frayret	Laura	Mustata
Cristian Ioan	Bordea	Leornado	Dias
Dionysios	Dimas	Mangesh	Thorat
Effrosyni	Panopoulou	Metin	Altinkaya
Elaine	Borg	Michal	Uhercik
Eleftheria	Kleidi	Mihály	Újhelyi
Elena	Goldin	Nahed	Balalaa
Elina	Shaari	Neha	Choudhary
Emanuele	Garreffa	Raja Jafaar Ali Mohamed	Eid
Emma Georgina Evelyn	MacInnes	Saleh	Al Hababbeh
Enver	Ozkurt	Stavros	Chatzopoulos
Francesca	Depaoli	Styliani	Parpoudi
Ghaith	Heilat	Sulaiman	Shantour
Grit	Daebritz	Tajudeen	Wahab
Hafsteinn	Petursson	Tamer	Colakoglu
Hande	Köksal	Wattoo	Ghulam
Helena	Ikonomidis Sackey		

\* Names in alphabetical order

*Following the ceremony: successful candidates holding their diplomas*



## EBSQ Examination in Breast Surgery 2020

### Web based MCQs / Written Examination

The written exam will take place on the **26<sup>th</sup> of June 2020**.

The deadline for receipt of applications for the written exam is the **30<sup>th</sup> April 2020**.

#### Venue of the written exam:

The written exam will be held at a number of locations globally to increase accessibility.



• <b>Belgium</b>	Brussels
• <b>Egypt</b>	Cairo
• <b>Germany</b>	Hamburg
• <b>Greece</b>	Athens
• <b>Hungary</b>	Budapest
• <b>India</b>	Kolkata
• <b>Italy</b>	Milan
• <b>Netherlands</b>	Leiden
• <b>Pakistan</b>	Lahore
• <b>Slovenia</b>	Ljubljana
• <b>Spain</b>	Madrid
• <b>Turkey</b>	Istanbul
• <b>United Kingdom</b>	Liverpool
	London
	Manchester

### The Oral Examination

The oral exam will take place in **Athens (GR), on 26<sup>th</sup> & 27<sup>th</sup> of September, 2020**.

Candidates will be notified if they have passed the written exam and are eligible to take the oral exam within 1 week of sitting the written exam and **MUST** register and pay to sit the oral exam before **10<sup>th</sup> of July 2020**. There is a limit of the number of candidates who can be accepted for the oral exam; preference will be given according to date of application for the exam, so late applicants will be passed on to the exam of the following year.

**Applications must be submitted via the online application tool on:**

<http://www.uemssurg.org/divisions/breast-surgery/ebsq-examination>



## EBSQ exams - UEMS Division of Breast Surgery Course - Nov 2019



### BREAST CANCER MANAGEMENT FOR SURGEONS COURSE

By UEMS Division of Breast Surgery



22<sup>nd</sup> of November, 2019  
London - UK



### Aim of the course

The course offers delegates preparing for the **UEMS - European Board of Surgery Qualification (EBSQ) in Breast Surgery** a unique opportunity to discover the European Breast Surgery curriculum.

- Multi gene assays - MGAs in clinical decision making on systemic therapy
- Update on the recent results of Breast Oncology Trials
- MDT - Clinical and Academic Practice Session

### Main topics

- De-escalation and personalization of breast surgery: trends and evidence
- Management of familial gene carriers and risk assessment
- Current axillary management paradigms
- Oncoplastic conservation surgery: technique selection and outcomes
- Post mastectomy reconstruction: decision making in the context of techniques and oncology interactions

### Multiple Choice Quiz

- At the end of the course, participants will be asked to participate in an MCQ- quiz which will lead to a waiver of the EBSQ in Breast surgery exam fees for the best scored participants.
- A 15% reduction on the "Breast Cancer Management for Surgeons" Textbook (Springer 2018), official book of the exam, will be offered to all participants.

### Target audience

- This one-day course is aimed at delegates preparing for their final certification exam including the Intercollegiate **FRCS Exam in General Surgery** and the **UEMS - European Board of Surgery Qualification (EBSQ) in Breast Surgery**.
- This is an **ESSO endorsed educational event**, granted auspices by the ESSO (The European Society of Surgical Oncology) educational and

### Information & Registration

<https://www.eventbrite.com/e/breast-cancer-management-for-surgeons-course-tickets-65152129774>



<https://www.uemssurg.org/divisions/breast-surgery>

## Breast Surgery

### Division of Breast Surgery (DBS)

Section of Surgery of the European Union of Medical Specialists (UEMS)

The Division of Breast Surgery is part of the UEMS Section of Surgery.

The Division operates in close collaboration with European Society of Breast Cancer Specialists (EUSOMA) and the European Society of Surgical Oncology (ESSO). The Division advises on issues related to training and professional practice in breast surgery in Europe, for the benefit of training in breast surgery and patient care.

The main objective of the Division is to promote and support the highest standard of care in breast surgery in Europe through high quality education, training and accreditation. For this the Division has a Curriculum and a Syllabus. The knowledge of the breast surgeons is evaluated and certified via the European Board of Surgery Qualifications (EBSQ) examinations in breast surgery, organised by the Division.



## ESSO Advanced Course on Breast Cancer - 2020



24-26 September, 2020  
Athens, Greece

### Aim of the course

This highly interactive workshop is at the cutting edge of current concepts of surgical treatment of breast cancer.

It will focus on the evidence-based clinical practice and technical aspects of breast cancer surgery within a multidisciplinary approach.

### Main topics

- Familial gene carriers - Risk assessment and management of healthy carriers and initial cancer management
- Oncoplastic techniques in breast preservation - planning and marking
- MRM, SSM, SRM, NSM - Technical considerations and pre-operative marking
- New methods in imaging
- Management of sentinel nodes

- positive patients
- Neoadjuvant treatment in breast cancer (Symposium)
- Conventional breast pathology or gene profiles
- Young breast cancer patients - surgery, radiotherapy, systemic treatment
- Breast reconstruction (Symposium)
- Tailored treatment of high risk lesions (Symposium)
- Surgical treatment of local recurrences

### Educational methods

- Video-based discussion sessions
- Case-based workshops
- Case studies
- Mock MDT with cases
- Plenary lectures



### Target audience

- Senior residents (last two years of specialization with clinical interest in breast cancer)
- Surgical oncologists
- Breast surgeons within 5 years after ending specialization residency
- Medical and radiation oncologists with 3-5 years of experience in the treatment of breast cancer patients

### More Information

Download  
Program - Faculty - Fees

[ESSO Advanced Course on Breast Cancer Surgery](#)



The Central-Eastern European Breast Cancer Surgical Consortium (CEEBCSC) was officially established on the 10th of October, 2018 at the 38th Congress of the European Society of Surgical

Oncology in Budapest by partner institutes and departments from Hungary, Poland, Russian Federation, Romania, Slovakia, Ukraine, Armenia and Czech Republic.

### Mission

*"to facilitate the evolution from the level of general surgery to the specialised oncoplastic breast surgery in Central and Eastern Europe"*

- Authoritative national institutes, clinics and centres, as well as experienced professionals, in a common scientific and clinical platform to increase the efficiency and speed of modernization of breast surgical care in coun-

### Information

<http://ceebcsc.org/>



 Springer © 2018

# Breast Cancer Management for Surgeons

A European Multidisciplinary Textbook

*Editors:*

**Wyld, L., Markopoulos, C.,  
Leidenius, M., Senkus-Konefka, E.**

- Provides an evidence-based discussion, citing the most recent literature
- Closely linked to European practice guidelines (EUSOMA, St. Gallen, ESMO)
- Contains clinical algorithms for case management in each section
- Includes a selection of top European opinion leaders as section authors
- Published with the official approval of ESSO and EUSOMA
- Contains a selection of self-test MCQs
- Ideal reference book for the preparation of the EBSQ exam in Breast Surgery

This textbook provides a comprehensive overview of the state of the art knowledge of breast cancer management for the modern breast surgeon. It covers all aspects of multidisciplinary care including primary breast and axillary surgery, reconstruction and oncoplastic techniques, external beam radiotherapy and newer techniques such as tomotherapy, intraoperative radiotherapy and brachytherapy. In addition, systemic therapies including chemotherapy, the latest biological targeted therapies and endocrine therapies are covered. Readers can find out about other important aspects of breast cancer such as genetics, screening, imaging and long-term health among others. Chapters take the reader through the basics up to the highest levels of knowledge in an easy to understand format with management algorithms to aid clinical care, generous referencing of the best literature and figures and photographs to illustrate each section.

\* Candidates who have applied and paid the fee for the exam are eligible for a 15% discount on the book and will be issued with a discount code which may be used to purchase the book from the publisher's (Springer) website